



M.M.MUMBAI

Voices



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Province of St.Mary Mazzarello, Mumbai India (INB)
(Salesian Sisters of Don Bosco)

You are a



to be
treasured!

“Do
whatever
HE
tells
you”



SAVE OUR MOTHER EARTH... BEFORE IT IS TOO LATE!



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Maa Tujhhe Salaam!

EDITORIAL



Maa Tujhhe Salaam was a Hindi film released on January 25, 2002 when there were high tensions between India and Pakistan. In the movie we see Major Pratap Singh left no stone unturned to save Mother India. Major Pratap fought the battle alone with the help of Albaksh and the local people.

Patriotism is in our bloodstream. We will prefer to lay down our lives than to be unfaithful to our Mother Land. If we love our country immensely, should we also not love her when she is bound in chains of pollution, climate change, deforestation, loss of biodiversity? India is not only threatened by enemies from without, but from within. Her own children have become her foes.

Most of us are aware of Greta Thunberg. She says, "Some people can just let things go, but I can't, especially if there's something that worries me or makes me sad. I remember when I was younger, and in school, our teachers showed us films of plastic in the ocean, starving polar bears and so on. I cried through all the movies. My classmates were concerned when they watched the film, but when it stopped, they started thinking about other things. I couldn't do that. Those pictures were stuck in my head."

This is the power of one. One Greta would make a difference not only in Sweden but the world has felt its momentum. Like Greta, let me be the first one to start. Already most of us are breathing an air of complacency, even as we see the disasters around.

Today let us take a walk around, touch the flowers, feel the mud and let us bend down and feel and sense that Mother Earth is alive. She is not dead. She feels the pain; she also appreciates the care and concern. She is a life-giver, She is a Mother, she brings to birth and nourishes.

Isn't this the time for an urgent call to come together and save our Mother? She calls for help. Can we hear her silent scream? Does she, who has nurtured, sustained and cared for us right from our existence, deserve to be treated thus?

Let us rise up and make concrete efforts to save our Mother... If her children won't, then who will? Can we have a green heart? Can we leave green footprints (instead of carbon footprints?)

Can we say Maa, tujhe Salaam?

Sr. Lavita E. Sequeira FMA

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FMA – PCI Social Communications Seminar

The FMA – PCI Social Communications Seminar kick-started on the 3rd of May at MYC, Wadala. There were 28 participants in all, hailing from the 7 Indian provinces. We warmly welcomed the animators, Sr. Maria Helena Moreira, General Councillor for Social Communication and Sr. Gabriella Imperatore. The inaugural Eucharist was celebrated by Bishop Barthol Barretto, Auxiliary Bishop of Bombay and in-charge of the Social Communication in the Archdiocese of Bombay.

With a typical Maharashtrian welcome and keynote address of Sr. Maria Helena Moreira, the participants were ushered into the seminar. The seminar began with the audio-visual presentation of the message of the FMA PCI President, Sr. Margaret Amalanathan, Provincial of Tiruchirapalli. Quoting Pope Francis from the post-synodal exhortation, “The memory of the Father is not a ‘hard disk that saves and archives all our data’. His memory is a heart filled with tender compassion” she invited the gathering to be communicators of love and compassion to all.

With the theme ‘The Institutional Communication Plan in the Educommunication Mission of the Daughters of Mary Help of Christians’, the participants went through an intensive 5 – day journey striving to understand their role as media coordinators in their respective provinces. This was accomplished through input sessions, discussions, group work, and individual study. Entering into the contents of the Plan of Institutional Communications the following themes were highlighted: Intentionality, vision, mission, the scenario, the values, being in the heart of Contemporaneity, a Synodal style that invites and promotes communion and a shared mission in diversity for a prophetic missionary spirit. The key word of the entire seminar was ‘Communion’. The animators introduced to the members the Policy of the Institutional Communication of the Daughters of Mary Help of Christians explaining the five dimensions of the Institutional ecosystem. The Visual Communication Manual of the FMA and the importance of legibility and juridical registration of the Logo were also explained. Furthermore, the nuances of Educommunicative Management were explained emphasizing that as social communicators we are not managers of things, but of people. The participants were asked to elaborate on the Profile of the Coordinator in the Social Communications taking into consideration the following elements: Characteristics, Communication skills, Professional skills, Functions and Tasks, and Communication Strategies.

During the course of the seminar, the participants were also taken for an exposure visit to SPICE (the Pauline Institute of Communication – Bandra) and Tej Prasarnni (Don Bosco). They also visited the nearby FMA communities in Bandra and Wadala. They also had a cultural evening wherein each group displayed their respective cultures either in song, dance or an audio-visual presentation. The DMA (1952-2019) was also elaborately presented Sr. Gabriella Imperatore. Each province took turns to animate the prayer moments, recreation and the other highlights of the day. The assembly was also blessed by the flying visit of Rev. Sr. Phyllis Neves, Visiting Councillor. After 5 days of intensive sharing, input, enlightenment, and togetherness the seminar came to a close on the 8th of May 2019 with expressions of gratitude and love.

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A Special Visit from Sr. Phyllis Neves !

Ahmednagar

We were one of the privileged lots as we had the joy of having our dear Sr. Phyllis Neves, the Visiting Councillor with us for almost two full days. We were extremely happy to welcome her in our midst with our boarders and Nursing students in a traditional Maharashtrian style in the evening of 4th May 2019. The Sisters and the inmates welcomed her with a lovely welcome song. The next day, Sr. Phyllis attended the Sunday Mass at the Savedi Parish where she was felicitated and welcomed with a lot of warmth and love. She then met with the different groups of the Educating Community – The teachers, workers, Co-operators, Nursing students, SHG women, students of Auxilium and the Past Pupils. They too welcomed Sister with bouquets, shawls, songs and also gave her the gist of their involvement in our mission. Later in the evening, our inmates put up a cultural programme which she enjoyed to the full. The Sisters too took the opportunity to showcase all the activities of the house, each according to their sector. Sr. Phyllis then spent some pleasant moments with us, gave us the 'Goodnight' and bid goodbye to the beautiful day.

The next day was a very special day as it was the celebration of Women's Day at the Provincial level. It was a well-organized function and Sr. Phyllis was amused to see the women of different age groups, full of vigour, enthusiasm, and zest. Sister was escorted to the dais with the traditional 'lezim' dance by the nursing students, boarders, the animator of Laura Vicuna Niwas, Sr. Teresa Plathara, the Ahmednagar SHG women and other dignitaries.

The programme then continued as planned and in the afternoon at 3.30 p.m. Sr. Phyllis left for Nashik. These days were filled with blessings and a great feel of God's presence. We are grateful to Sr. Phyllis Neves for her visit to M. M. Mumbai Province and we thank God for His constant presence in our lives.

Mundhwa

The 4th of May 2019 will remain in our memories as it was a joyous day when we were blessed with the visit of our Visiting General Councilor Sr. Phyllis Neves, who was accompanied by the Vice Provincial Sr. Magdalene Sequeira and the Provincial Secretary Sr. Supriya Noronha.

On their arrival at 11.00 am, they were welcomed by the Sisters and a group of our Summer Club children. Puja, a girl of the Summer club performed the traditional aarti and our animator Sr. Wilma De Souza offered the visitor a bouquet of flowers.

Sr. Phyllis was delighted to watch a short programme of the children during which they welcomed her in song and dance and displayed all the art and craft they had prepared during the week. She appreciated the work of the children and gave them a short message telling them to make the best use of the holidays to learn activities that would enrich their lives. She distributed lollipops to the children. They were taken up by her loving and jovial presence.

After meeting the children, our Community had dinner with Sr. Phyllis, while sharing about our life and mission here at Mundhwa.

It was indeed a red letter day for all of us! We look forward to her Canonical visitation to our Province next year.

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Ahmednagar



Mundhwa



MYC Wadala

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My Family, My Vocation !

I am Sr. Reshma Janet Rosario born on 23rd November 1987 at Parari house Manjotty in Karnataka. My parents Mr. Bonaventure Rosario and Mrs. Julianna Rosario are God-fearing people. I am the eldest daughter and I have two sisters Reema Rosario who is married to Royston Pais and has a baby boy. The other sister Mrs. Preema Rosario married to Mr. Pretham Rodrigues and both are working in Dubai. I come from an agricultural family background where my parents worked tirelessly and gave us the best education and instilled good values in us. As I was growing, I had a great desire to become a Sister. I expressed this desire to my cousin Sr. Meena A.C She encouraged and supported me and advised me to pray. She invited me to join the Apostolic Carmelites. That same year I attended the Jeevan Jyothi Camp at the Parish in Ujire.

I was enrolled in the list of the Salesian Sisters of Maria Kripa, Madanthyar. The Sisters consistently sent me letters but I made no attempt to reply since my mind was already set to join the Apostolic Carmelites.

When I was studying for my Std. X Board exams, I met Sr. Sylvia Fernandes FMA and Sr. Rita Fernandes FMA who had come to our village asking for Reshma Lobo who was my classmate. They enquired me of her and I showed them the direction. The driver who was listening to the conversation told the Sisters was a catholic girl too.

Sr. Rita asked me for my name and they expressed their desire to visit my parents I gave them direction to my house. As I returned home after completing a few errands, to my surprise I saw Sr. Rita was already in my house talking to my parents. When she asked about my desire to join the congregation I openly said that I made arrangements to join the congregation I don't want to change my decision. But she invited me to come and stay with them at Maria Kripa for some time and study. So I spoke to my other friends from the locality and five of us went there to stay as we wanted to pursue our studies.

Among the five three of us are religious two Ursulines and I an FMA. When I got the result my percentage was less I did not score the marks which I was getting in my previous exams. So I began to question God when I decided to join why you gave me less percentage as no teacher was happy with my result. So I dropped my plan of joining the Salesian Sisters. But Sr. Sylvia had already spoken to the Principal of Junior College Sacred Heart Madanthyar and I went there for two years of study. When I completed my 2nd PUC, I told Sr. Sylvia that I want time to decide about my call.

When I went home I expressed my anxiety about joining the aspirantate at Lonavla. This was my parent's reply, "It is your life. You make a choice we are happy with whatever you choose in life. Jesus is with you. He has called you he will help you. I went to meet my then parish priest Fr. Jerry D'Souza who was understanding and has helped me a lot to discern my vocation saying "Once if you put your hand to the plough never look back. Persevere, Jesus will help you". Later I decided to attend the Charismatic Retreat at Sacred Heart Church, Madanthyar which was conducted for the youth by the well-known group led by Fr. Franklin and Bro. T.K George. During the retreat through



Sr. Reshma Rosario FMA
Teacher, Auxilium Wadala

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Fr. Franklin, I got the message from God that He is calling me to be His among the Salesian Sisters. Finally, I made up my mind and soon after the retreat went to Sr. Sylvia and told her about my choice and to ready to go to Lonavla.

Jesus calls and He helps us to discern our call and this is what He did for me. Till today He is with me and He takes care of me and my family. He has blessed my family with many blessings. I thank GOD for all those who walked with me, helped me in my vocational journey.

From my writings

Skit

Comm: There is a little princess living in a beautiful garden. The land is fruitful. God is very happy with her. She is His beloved princess who is faithful to Him. Looking at their faithfulness and love for each other the devil becomes jealous and comes to God.

Devil: My Majesty, the Almighty King, I am very happy to see the relationship between you and your little princess; she is very beautiful and so good to you. She is so faithful to you, but I want to test her, can I?

God: Oh! My dear foolish neighbour, do not doubt, she is faithful and she will remain faithful to my love always.

Devil: Come on Almighty, let us give a try!

God: Ok, go ahead, but make sure you don't take away her life.

Devil: Ok thank you.

Comm: The devil was very happy, he put the seed of lust in this innocent heart, he projected young boys before her, and made her crave for pleasure and made her days go well in this sin.

Devil: See your little princess have failed you, see what she has been doing, she has gone against your commandments and proved herself as unfaithful to you.

God: Excuse me! Don't be too stupid seeing the immediate change of my little princess. You have taken so many months and days to prove her unfaithfulness to me. Wait, only for two minutes and I will show you how faithful she is to me.

Comm: So God put the seed of realization and reconciliation in the heart of princess and soon she realized that she has been wasting her time and life in this sin that gave her only temporary happiness but gave life-long sadness and regrets. Soon her mind and heart went back to her garden where she enjoyed lasting joy, happiness and love from God.

So she gets up and goes for confession, makes her good confession weeping for her sins and goes back to the garden. As she enters with full of tears, there comes the Father God with His arms open to welcome and embrace her and there is the re-joining of two longing hearts.



Sr. Veronica Fernandes FMA
Auxilium Bandra

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Princes: God do you still love me?

God: How can I stop loving you my little princess? You are mine. I have created you that you may be for me. I loved you even when you were with me and still love you though you had gone far from me and I love you and rejoice with you because I have found you. Thank you princess for desiring to come back to me. I love you. Here look at your garden it has dried up without you. Go, get back to your own place as princess and bring forth abundant fruits.

Princes: Thank you God for your unconditional love and mercy for me. Now allow me to proclaim your love and mercy to many young people who do the same mistakes like me. Use me as an instrument to save them all.

God: Go and proclaim and save the young as many as you can, I will be with you.

Comm: From then on she becomes a missionary of God's love to all young people and she remains faithful to God by helping them to live a pure life.

Seeing this unconditional love of God the devil covers himself with shame runs away....

God wins the princess

Saving Nature

The ocean levels are rising, the trees are dying, the animals are being killed...WHY?

Because of our greed and our pride. Why pride, you might ask. Let's say ,the wealth included in selling animal skin is a lot. But is this wealth worth the death of an innocent creature. No! it's not. The future will not have a world to explore or a world to see. Instead they will have bad thoughts of you and me. They might ask you or might even wonder, 'when these people had a chance to save the world why didn't they do so' and will we have an appropriate answer. Think hard, really hard as to what will the state of the world be when we have done nothing to save it. Will we be happy? Will we be proud? Or will we be ashamed and guilty?



***Ms. Daniella Fernandes
Std. VIII***

It's not too late to step up and make a change. Don't be afraid to speak up. And if anybody tells you that what you're doing is wrong, ignore them.

Here are a few examples on what is going on in the world and how we can prevent it:

1. Water shortage and droughts- you can prevent shortage of water by conserving rain water. Don't leave the tap running while brushing your teeth or washing your hands.
2. Plastic and other waste is found on beaches, parks, streets, etc- if you are eating a sweet or drinking a juice, don't throw the wrapper or juice box on the ground, instead look for the nearest dustbin and throw it in the dustbin. If there is no dustbin nearby wait until you reach your destination, find a dustbin and throw it there and if there's no dustbin hold it in your hand until you reach home and if you are carrying a bag put it in there. You can organize a cleaning drive with your friends and family for beaches or parks, etc.

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3. Sick and injured animals- if you see a sick and injured animal on the streets contact an animal rescue. And if you are a lover of animals and are allowed or willing to look after sick animals, do it. You can call an animal rescue, let them take care of the animal and then adopt it, if not, send the picture of the animal to all of your friends and see if anyone wants to adopt it.
4. Cutting down of trees- Don't pluck leaves or flowers from a tree or plant. Try and grow more plants and trees in your compound or garden. Trees are very important for the balance of nature. Try and save it.
5. Air pollution- To travel short distances don't use your car or bike. Go walking or ride a cycle instead. This is also good exercise and good for the environment. During festivals or parties don't burst crackers. This can also save your money as well as the ozone layer. Don't buy air conditioners that pollute the earth, buy the environment friendly ones. They are selling those now. The ozone layer is depleting, which means disappearing due to the pollution in the air. If it disappears the sun's ultraviolet rays will reach the earth and burn us all

Save the earth. Time is running out. Let us save it before we have nothing left to save. Use your voice and stand up for what is right.



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First Profession

If you ever get a glimpse of heaven especially on the 24th of May you will see what a real party looks like. Don't be shocked if you see Salesians organizing it and having a ball of a time!

If you're wondering what could be the reason...it is the Professions! Of course! Some temporary, some perpetual and some celebrating their jubilees!

It is a day of rejoicing and celebration of blessing and of good cheer. The same is true here at SHTC, Nashik. In the presence of the Provincial Sr. Rita Dora Thomas, four novices Sr. Jennifer Macwan, Sr. Rani Pandit, Sr. Khushboo Vasava, Sr. Prezy Parmar said their first 'yes' –Yes to God and Yes to Holiness. After four – five years of preparation and formation; they have chosen to be the brides of Christ. A life of excitement as well as challenges, a life that brings joy and satisfaction!

Our very own four sisters, all looking elegant, draped in saris as well as ten STI novices donned in immaculate white cassocks and shirts, pronounced their vows at Don Bosco Parish, Nashik. The Eucharistic celebration along with its liturgical animation and singing raised our hearts in thanksgiving. It was a solemn yet lively celebration and all participated with much fervor.

The main celebrant Rev. Fr. Godfrey D'Souza, SDB, in his homily exhorted the newly professed to have a passionate love for Jesus and no other and to be willing to give themselves wholeheartedly and zealously to the mission.

Our spiritual hunger having been satisfied we proceeded to the hall for a fellowship lunch where all interacted and wished the parents and relatives of the newly professed. It was indeed a great day and a much greater one in heaven for sure!



Initiation to the Novitiate

It couldn't have been a more pleasant evening than that of the eve of the Solemnity of Mary Help of Christians. The chapel at Sacred Heart Training Centre at Nashik, brightly lit and



bedecked with flowers, seemed to welcome our five postulants, who wouldn't be postulants anymore, into the very heart of our Institute. To word it more appropriately, Sr. Placiya Rodrigues, Sr. Vandana Fernandes, Sr. Sony Kokya, Sr. Smita Tairipascu and Sr. Mummun Marak, were initiated into the novitiate in the presence of the Provincial of INB, Sr. Rita Dora Thomas and the FMA on our campus.

The Provincial exhorted them, through the letter of St. John Bosco to the FMA, printed in our Constitutions, how to live as an authentic FMA. They were presented with a medal of Mary Help of Christians each, a sign of their belonging to the Institute and as an entrustment to our Blessed Mother. This solemn ceremony came to a close with our Mother Provincial entrusting the novices to their Novice Directress, Sr. Salome D'Souza.

Renewal of Vows

As the clay is in the Potters hand so are we in Jesus' hand...

We the 19 juniors gathered in SJTC, Lonavala to prepare ourselves to take one step forward in our religious journey. In the morning Sr. Cecilia Crasta animated and helped us to pray the Psalms with much meaning which gave a start for our day with the Lord. The entire day was spent in much silence, prayer, reflection and personal chat with Mary. The day concluded with the Eucharist.

The beautiful day dawned and we began it with 'Lectio Divina' sharing our reflections on the theme "Wedding feast at Cana." The hearts were filled with joy during the Eucharist as we were encouraged by Fr. Xavier Devadas(SDB). In his homily he advised us to be the clay in the hands of the potter and to be filled with water which is poured in us by our formators who are guided by the Holy Spirit and Mary our Mother so that Jesus may turn this water of our life into the wine which will be shared to all those whom we encounter especially the young. With this thought, we 18 juniors renewed our

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vows for 1 year and 1 junior made her biennial vows which were received by Sr. Cecilia Crasta the delegate of the Superior General. We also received a clay pot as a reminder that we are the pot in the hands of Jesus our potter.

During the day we were animated by Sr. Cecilia Crasta and Sr. Supriya Noronha on the topic Docibilitas and Resilience and other aspects of religious life. It was really a great and memorable day for all of us.

We are grateful to Sr. Rita Dora Thomas our Provincial, Sr. Supriya Noronha and Sr. Cecilia Crasta for all they do for our Salesian formation journey.

1. Be obedient to God

2. It's God's calling, not yours

3. You have gifts and talents – use them!

4. Uncover your fears

5. Be tenacious in pursuing your God-given goals.

6. Stay in the Word of God



Congratulations !

VATICAN CITY (CNS) On July 8, 2019, Pope Francis named six superiors of women's religious orders, a consecrated laywoman and the superior of the De La Salle Christian Brothers to be full members of the Congregation for Institutes of Consecrated Life and Societies of Apostolic Life.

Previously, the members had all been men: cardinals, a few bishops and several priests who were superiors of large religious orders of men. The Vatican confirmed that this is the first time that women have been appointed to the congregation, according to Christopher Lamb of The Tablet.

The women named members by the pope were announced by the Vatican

July 8: Sisters Kathleen Appler, the U.S.-born superior of the Daughters of Charity of St. Vincent de Paul; **YVONNE REUNGOAT, SUPERIOR OF THE SALESIAN SISTERS**; Francoise Massy, superior of the Franciscan Missionary Sisters of Mary; Luigia Coccia, superior of the Comboni Sisters; Simona Brambilla, superior of the Consolata Missionary Sisters; Rita Calvo Sanz, superior of the Company of Mary Our Lady; and **Olga Krizova, general president of the Volunteers of Don Bosco**, a group of consecrated laypeople.

Congratulations Mother Yvonne & Olga !



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Our Precious Treasure is in Heaven now...

Castelgandolfo (Italy). To the FMA, SDB, Salesian Family Groups, members of the Educating Communities of the whole world, laid the communication of the passage to Heaven of our Dearest Mother Antonia Colombo. We are grateful for her life, precious in God's eyes, precious for each FMA, for the laypeople, and for the young, and for each of us.

Here follows the official communication of Mother Yvonne Reungoat, Superior General of the Institute of the Daughters of Mary Help of Christians, with the profile of our Dearest Mother Antonia Colombo.

Dearest Sisters,

On the evening of July 1, 2019, in Mary Help of Christians House in St. Ambrogio Olona, Varese, the Lord of Life and of Beatitude introduced into the eternal Easter, our dearest Mother Antonia Colombo, Superior General Emerita. She was born in Lecco on April 12, 1935, professed at Contra di Missaglia (Lecco) on August 6, 1959, in Holy Family Province in Lombardy, Milan.

Mother Antonia was born into a family rich in affection, hard work, and faith. She had only one brother, six years older than her, whom the Lord called to Himself on November 1, 2018. The family lived in the same building where the father had his workshop and saddler shop. Her mother was a wise woman, of great love and firm faith. She always would say, "What the Lord asks of us is never too much".

The peace of Lake Como and the starkness of the surrounding mountains, which Mother Antonia loved so much, contributed to shaping her sweet but strong temperament. Here were the roots of her equilibrium and rectitude that always distinguished her way of being and of acting.

She knew the FMA at the Lecco Oratory and was attracted by their educational style and by their joy. This is why she wanted to be enrolled in their middle school that had recently been opened in the city. Then she went to public school for her Classical degree but continued to frequent the Oratory as an animator for the pre-teens. She enrolled at the Catholic University of Milan and, as she herself writes, she chose the Faculty of Law, "To become a lawyer and help the poorest people defend their rights as human beings. At that time, she thought that this professional choice would



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allow her to accomplish a social task at the service of the neediest people, especially the young who live in family contexts that are poor or morally at risk”.

The encounter with the Provincial, Sr. Margherita Sobbrero, helped her to give a response to her deep ideals. She asked her point-blank, “Why don’t you come with us?”. For quite some time, Antonia had thought about it and now decided on the date for her entrance into the Institute. Her parents did not expect this choice and they suffered due to it. But their son, Aquilino, helped them to understand and consent to Antonia’s religious vocation.

On April 8, 1956, she arrived at the Aspirantate of Triuggio where she inserted herself into a group of young women who like her, desired to follow Jesus by dedicating themselves to the education of girls. The Assistant, Sr. Orsolina Ardissonne, who was the collaborator of Fr. Ferdinando Maccono, opened to her the vast horizons of our religious Family and led her to love Mother Mazzarello. She lived the period of Postulancy in Milan, Via Bonvesin, as she continued to study, take her exams at the University, and write her thesis.

After the novitiate at Contra di Missaglia, she made her religious profession on August 6, 1959, and in the same year, she graduated in Law. She then taught Law for one year at the International Institute of Pedagogy and Religious Sciences. From 1960 to 1963, she then studied Applied Psychology at the Catholic University at the Leuven in Belgium graduating in 1963. From that year until 1989, she was a professor and then the Principal of the Pontifical Faculty of Educational Sciences at the Auxilium, first in Turin and then in Rome. Her keen intelligence and her cultural and spiritual richness contributed to the development of our Faculty and above all, the deepened study of the education of the woman and the Marian face of the Institute. With Mary, in the Church and in the actual world, a woman is called to promote the culture of life.

In 1989, she was nominated Provincial of the Southern Province of Sr. Teresa Valsé Pantellini (IME) headquartered in Taranto. The following year, at General Chapter XIX, she was elected as a General Visiting Councillor and in the next General Chapter XX in 1996 she was elected as the Superior General of the Institute and then re-elected for a second six-year term in 2002.

In her magisterium, with clarity and evangelical paresis, she particularly emphasized the culture of life and the promotion of the young woman in her dignity. In her animation, Mother Antonia fostered a commitment to active citizenship and promoted a circular mode of animation as a condition for valuing the resources of each person and as a witness of communion. She encouraged the educating communities to be laboratories of life and reciprocity through educational relationships. She supported the importance of educating to the value of solidarity to help build human coexistence under the sign of a civilization of love and peace rooted in the values of the Gospel. She witnessed the radical nature of following Jesus as the centre of her life, the source of the serenity that radiated around her, and of the fruitfulness of her mission in the Institute.

Humanizing culture and relationships in the light of the message of Jesus and the Salesian charism was not a slogan for Mother Antonia, but rather a precise commitment that identifies her mission as Mother and formative guide. Her guidelines for animation and government that emerged in the monthly circulars, are clear and lead to the deepening of the documents of the universal Church and the reading of the current context, aware that in a globalized and interdependent society every choice has global resonances.

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After completing her service at the Institute's central level in 2008, her health collapsed and she remained in the Generalate for about a year. She underwent surgery and, after the necessary treatment, was appointed Animator of Mother Ersilia Canta House in Rome. At the end of the three-year term, she again went to the Generalate because of her precarious health, which required other surgical procedures because the tumor had spread. She entered the community as a humble Sister, grateful for every small gesture of attention done for her; dependent in everything, but not passively submissive; free and forthright, as she had sought to teach to the FMA of the world.

She collaborated in revising the biographical profiles of the deceased sisters, willingly devoted herself to reading and intensified prayer. It had become "all prayer", not only because she spent long periods of time in front of the Lord in the tribune of the chapel, but because of her luminous gaze that went beyond, where dialogue with God does not undergo variations and is always more intense and deeper. She also invited us to pray with her favorite prayer: "I want what you want ... as you want it when you want it, and because you want it".

In her first Circular at the beginning of her mandate, Mother Antonia wrote: "I enter every community with trepidation and joy"(n. 785). On tiptoe and in silent love she ended her mission, giving those who met her the witness of a happy Daughter of Mary Help of Christians, in serene adherence to God's plan.

In recent years at the rest home of Sant'Ambrogio Olona (Varese), she experienced the purification and the stripping of the disease that deprived her of her memory, but not of the subtlety of relationships, of her luminous smile, of her delicate attention to people, and the expressions of gratitude that blossomed spontaneously on her lips, a sign of a heart full of peace and inhabited by the presence of God.

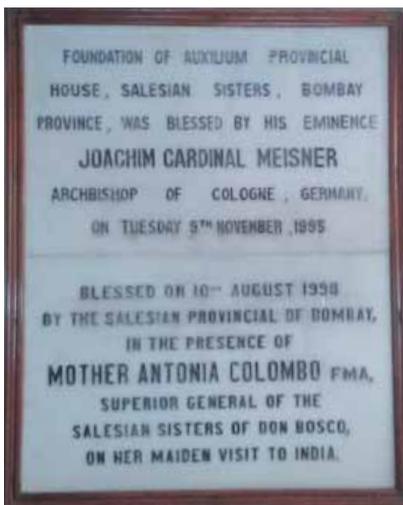
In the evening of July 1, 2019, Mother Antonia reached her goal and now we can think of her happy in God's joy forever.

Let us remember that verse of the liturgy which she had made her own and which always accompanied her: "May I know you intimately, O Christ! And, as your companion in the passion, may I rise again with you! "

Sr. Yvonne Reungoat, Superior General of the Institute of the Daughters of Mary Help of Christians.

The funeral was celebrated on July 3, in Milan at St. Augustine Salesian Parish Church, at twelve noon. The body was interred in the cemetery of Nizza Monferrato. (from web page of the Institute: cgfmanet.org)

"Grazie Madre Antonia! You gave abundance of life to MM Bombay and your name goes down in our Cronaca with the Blessing of our new Provincial House in Bandra! R. I. P."



MM Mumbai - News Special

Ahmednagar

Visit to Shirur – A Home for the Specially Abled

On the occasion of the first death anniversary of Sr. Alexandra Dias i.e. 14th April 2019, we the Sisters of Laura Vicuna Niwas, Ahmednagar decided to share an Agape meal with the mentally challenged inmates of a Government orphanage run by Sr. Domini, a Carmelite Sister in Shirur, which is nearly two hours from our convent. We took along with us our boarding girls and the nursing students as well. The purpose of our visit was to give them monetary help and also to teach our children the value of Life.



This institute began in the year 1964 and was fully run by the Government but the inmates were treated very badly by those taking care. Then, in the year 1996, Sr. Domini and some more Sisters of her Congregation took up this mission. They now offer the inmates just not material needs but lots



of love and care which is seen on their faces. We were amazed to see the inmates who maintained an atmosphere of calm and serenity. Our girls taught them some action songs and the sisters who look after the inmates welcomed us with warmth and much affection.

The day ended on a happy note and we returned home with a feeling of fulfillment and happiness, having shared with someone out there of our own resources which in turn brought a smile to the faces of many.

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Inauguration of the Coaching class children's summer camp

On 13th April and 15th April we had a grand opening of the Summer Camp for the city Zilla Parishad schools and the village coaching class children. We started with a prayer moment, followed by felicitation and a welcome song and a dance. The head of the village and a representative of Crompton Greaves Company were present for the occasion. We spoke to them about the importance of the

summer camp and how they should spend their time in a profitable manner and learn something useful and good during the summer vacation. There were nearly 300 hundred children. Each received a bag with lot of material to learn and make something useful. The teachers were also interested in it. Teachers too received bags full of things to teach and make children do the same. The village leader, other guests and the school staff are very much appreciative of the works which is carried out by the Sisters and the teachers.



The First Day at Auxilium

The first day of the academic year 2019 in Auxilium, Ahmednagar began on 15th June by invoking the Holy Spirit's aid through a meaningful Eucharistic celebration. Fr. Baptist Monteiro, SDB, blest the entire school after the Holy Eucharist. The prayerful silence maintained by all the students during the blessing was worth admiring. Each one must have surely experienced the blessings of the Holy Spirit and thus being blest, determined to spread God's kingdom in and around.

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Teachers' Training

On 15th June we organized an interesting training programme for our project teachers. The resource persons were Mrs. Suhasini Dethé, and Mrs. Kamal Pandith from Don Bosco School Savedi who are well versed in school matters. These two educators have a good experience of teaching and vast knowledge in the education field. They trained our teachers on how they should teach and the type of teaching aids they should use while teaching Marathi, English, and Mathematics. The training programme began at 1:30 pm and ended at 5:30 pm.



Bableshtar

ADMA members honour Our Blessed Mother

On 24th May 2019 ADMA members joined the FMA in Bableshtar to praise and honour Mary Help of Christians. All gathered in the Parish compound and entered the Church in procession singing to our Lady followed by the recitation of



the Holy Rosary with special intentions for Sr. Catherine Pereira and Sr. Pushpa Parmar, who have been transferred. Sr. Catherine spoke to them on the significance of this day when many Sisters commit themselves to be Daughters of Mary Help of Christians, to serve the youth and the poor. She told them of the Basilica of Mary Help of Christians in Turin, built by Don Bosco, which has now completed 150 years.

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A member shared with grateful emotion the miraculous message received by her son when he recently met with an accident, 'Go to pray to our Blessed Mother'. An elderly member quoted from Scripture what the Mother of Jesus said to the stewards, 'Do whatever He tells you'; thus, we will see what miracles are through the intercession of Mary! That was the profound thought for all of us, and especially for our two Sisters whom they wished a fond farewell.

Baroda

Well Begun is half done !

Auxilium School Baroda welcomed the new scholastic year on 10th June 2019 with a meaningful prayer service invoking the help and guidance of God through the year.



We welcomed our new animator Sr. Priscilla Travasso and the newly appointed Sisters and teachers with floral tributes and words of admiration.

The students of the primary performed a joyful, vibrant dance which was appreciated by all. Sr. Priscilla Travasso addressed the assembly of staff and students and apprised them of their diligence in performing their roles.

Sr. Philomena Lobo, the headmistress then announced the results of Std X, XII Science

and Commerce streams. She thanked God and the teachers for the results obtained and concluded by invoking the blessings of our Blessed Mother as we journey on joyfully towards the new scholastic year.

Orientation for the staff, students and the support staff

Orientation for the students, staff and the support of Auxilium School, Baroda was organized from 11th



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June to 18th June. Fr. Vincent Saldhana S.J., Sr. Lavita Sequeira, Sr. Theresa D'Souza and Sr. Monika Macwan were the resource persons.

Much emphasis was laid on the Strenna for the year- 'Holiness for you too'. A video clipping was shown, where good actions or deeds were passed on to different people like a chain reaction. Good deeds done are always rewarded and returns to us in a double measure was the message transmitted to the students, staff and helpers.

The key points were -'Life is to celebrate and enjoy and we are called to be happy' 'Each one of us is holy in different ways.' 'We should learn to make use of the social media in a better way, learn to have quality time with the family, use words of affirmation, compliment and appreciate others'. 'We should also learn to save our Mother Earth by saying goodbye to plastic bags and make use of paper bags.'

The seminar concluded with the following: Holiness becomes meaningful by respecting confidentiality and learning to connect with all.

Benaulim

ADMA members organise the Way of the Cross

On 16th April 2019, the ADMA members of Benaulim Unit, with their children, a few friends, and the Salesian Co-operators, accompanied by Sr. Antonieta Alemao FMA, organized the Way of the Cross at Sulcorna-Goa. Fr. Bernardino Da Almeida SDB, spoke to them on the poignant parable of the Prodigal Son and the Forgiving Father.

At various Stations, they did symbolic gestures: piercing the palm leaves with nails; applying ashes on the forehead; wiping their face with the towel; nailing the palm leaves on the Cross; decorating the Cross with flowers; lighting incense sticks



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around the Cross at the 12th Station. The Station of the Cross concluded near the miraculous statue of Mary Help of Christians, with a blessing from Fr. Bernardino. We thank Fr. for giving them a unique and significant Lenten experience.

Joyful June

The month of June has been a joyful one for Auxilium Benaulim. On 10th June Auxilium Benaulim joyously and solemnly entered into the new academic year 2019-2020 with a solemn Eucharistic celebration, celebrated by Fr. Jason Coelho SDB. With the theme of the Catechetical



year 'Go and do likewise'. Our staff and students asked God to guide their steps throughout the year as they set out to make this year a fruitful one.

Orientation for Leaders



On 11th June the leaders of Auxilium School Benaulim had an orientation programme. Fr. Ralin D'Souza SDB and Fr. Jason Coelho SDB were the animators of the day. Through group activities and educational games the leaders were enthused to play their role effectively in the School.

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Orientation for Teachers

On 14th June the Staff of Auxilium Benaulim had their orientation programme conducted by Fr. Ralin D'Souza SDB and Fr. Jason Coelho SDB. The programme began with an interesting ice breaker followed by an input session by Fr. Ralin D'Souza on the Preventive System. The sessions were lively with group discussions and educational games.



Goa Kranti Din

On 18th June Auxilium Benaulim paid homage to all the leaders who were instrumental in Goa's freedom struggle movement. During the prayer moment we remembered the great heroes who sacrificed their all for the cause of freedom and thank God for their sacrifices. A group song was sung dedicated to the freedom fighters of Goa.



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Initiation of the Groups

On 22nd June the four committed groups namely, the Marian Group, Laura Vicuña Group, the AYM Group and the Eco Club were initiated as committed groups of the School. With our Blessed Mother and along with their patron Saints they pledged themselves to give their best to promote God's kingdom values.



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Past Pupils Meet

On 23rd June 42 enthusiastic past pupils attended the first meeting of this academic year. The meeting commenced with a short prayer by the headmistress, Sr. Elizabeth Coelho. Through a powerpoint presentation, Sr. Agatha Dias, the animator presented the new encyclical of Pope Francis 'Christus Vivit'. They were then divided into smaller groups for group discussion and to plan some activities for the year 2019-20. In the end all the groups presented their activities and a few achievable goals were chosen. Thanks to past pupils for their interest and readiness to cooperate.



God Bless Our Pope Francis

The feast day of Saints Peter and Paul were well celebrated with great enthusiasm. Through the intercession of Saint Peter and Paul, we prayed for our Holy Father Pope Francis. The students

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presented the life of Pope Francis in a gist and also a part of his encyclical. During the Prayer moment, the school community prayed for each Sister and presented a bouquet as an acknowledgment for their missionary presence. The middle school and the high school students viewed a video on the life of Pope Francis.

Bombay Wadala Auxilium

New Beginnings!

“This is the day the Lord has made let us be glad and rejoice”. Indeed these were the sentiments of the community of Auxilium Wadala as we ventured into the new scholastic year 2019-2020. To reach any end one needs to start the journey, explore new things, comprehend the wonder of God’s love, and though faced with tunnels one always aims at the end of the tunnel.



We are happy to have a new member

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in our community Sr. Elveera D'Souza. With her, we complete our community with eight members representing eight beatitudes in the Gospel. To begin this New Year we had well-animated prayer service which welcomed each of us to Grow In Holiness together with each other, with Jesus and Mary as our companions. We venture this journey of 2019-2020 together trusting in the words of St. Paul who said: "I can do all things with Christ who strengthens me".

The staff and the students were welcomed to the new scholastic year 2019-20 with a melodious welcome song. The entire school was thrilled to begin the new day of the school with the meaningful prayer moment animated by the students along with Sisters and the teachers. Sr. Gloria Ferrao, the Headmistress warmly welcomed everyone especially the new staff members. We strive to work together for the well-being of the students and the people who come in contact with us.

Teachers' Orientation

On 4th July, a two-day orientation programme was held for the teachers at Auxilium Wadala. This programme was conducted by Tr. Rukmini. The session began with the prayer moment which was followed by a message by Sr. Meena D'Silva, the animator. Tr. Rukmini dealt deeply on the core skills which are important to a teacher to be a



good teacher. She especially explained about skill 'Critical Thinking and Problem Solving'.

The core skills programme was based on various creative activities wherein each one could participate creatively in the groups expressing their ideas and talents for the betterment of one single student.

After lunch, Sr. Kalyani Subramanyam explained about the Youth Pastoral Planning (YPP) to the entire staff. Later on the teachers planned for the youth pastoral project with the theme 'Holiness; under the Five Path:

1. Skip a meal and feed the hungry
2. Pray for peace
3. Save environment
4. Honour and respect your parents and everyone
5. Do a good deed every day

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These are the Five Paths that our entire school is working upon. We as educators inculcate these paths in our life as well as in the mind and heart of our students to be good citizens and honest people.

International Yoga Day

International Yoga Day was conducted on 21st June 2019 at Auxilium School campus from 7 am to 8 am. First and foremost the students were made aware of the importance of Yoga in their lives, the use of a mat and the appropriate time to perform 'yogasanas'.

Yoga represents the way of life which endows perfect health - physical, mental and spiritual. 'Yogasanas' are for the balanced state of mind. A mat is used to ensure hygiene, comfort and uniformity of temperature by insulation against ground contact. Yogasanas should be performed on an empty stomach. The session continued with the warming up exercises to achieve body flexibility head, neck, and hand, waist and leg rotation. Tr. Paskin Sales guided the children to perform the various asanas.

1. Meditative asanas: Sthitha prarthanasan, Sukhasan, Mukhasan
2. Standing asanas: Talasan- Prakar 1,2,3, Utkatasan
3. Sitting asanas: Padmasan, Parvatasan, Bhadrasan, Vakrasan
4. Sleeping on the back: Pavanmuktasan, Matsyasan
5. Sleeping on the stomach: Bhujangasan, Makrasan, Shalabasan

This session ended with Nispandabhav. The students thoroughly enjoyed this session, gaining more knowledge and wisdom.



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YPP day

The YPP day was well conducted on 26th and 27th of June 2019 for the students of Auxilium Wadala on the theme "Holiness for you too". It was conducted by Sr. Kalyani Subramaniam for the secondary section and Sr. Reshma Rosario animated for the primary section. It was held on one to one basis. Each class had something special of its own to add colour and beauty for the day. After having explained the theme, the students were divided into groups of ten. Each group was asked to write at least two practices for the five paths of transformation. The climax of the session was that the students engaged themselves at a deeper level to draw up the practices of the YPP theme. The charts were then put on the wall and had a gallery walk to choose the best two practices for the year. The students then were guided to write it in their almanac under the five paths of transformation.

1. Skip a meal and feed the hungry
2. Pray for peace
3. Save environment
4. Honour and respect parents and elders
5. Do a good deed every day



Seminar for the Headmistresses of INB



28th & 29th June saw Auxilium Wadala, our venue was the hub of school activity. It saw us essaying our way through current trends in the field of education to give a fine performance

with 15 FMA actors at a concert with Sr. Meena D' Silva spearheading it together with Sr. Gloria.

The education curtain opens with a prayer moment: God I need you.

The first item being, an opera by Ms. Rukmani on 6 core skills from the labyrinth of the British Council.

Then an advertisement package on tapping giftedness spurred us to develop mental abilities in our students.

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Then the soloist Fr. Dr. Swamy presented the NEP (National Education Policy) 2019 with teachers and students as an audience. Group discussion saw many critics voicing their displeasure at the articles aimed at having government monopoly over education.

The evening saw us at break preparing proposals to be passed.

Then Sr. Rita Dora our Provincial spoke to us about launching into social outreach, reviewing rules and systems

The next day saw us dressed to kill with a wardrobe, not of dresses but a well-planned kit with accessories like lesson plans, worksheets, digital gadgets all taking us 7up into the digital world with a makeup kit of critical thinking.

The finale was the circle time that blew up the balloon of bonding relationship with our students and then the homecoming with uniformity at all FMA schools zeroing on leave and salaries in particular.

Bombay-Bandra

Do whatever He tells you...

“The good of the Institute and the glory of God depend to a great extent upon the election of a good council and a wise Superior General”.

General Chapter is a key moment for evaluation, reflection and guidance in a common search for God’s will. We, the community of Auxilium Bandra began our Chapter study with an hour of prayer before the Blessed Sacrament, on 20th June 2019 at 6.30 p.m.

We invoked the Holy Spirit and asked His accompaniment and presence during our chapter studies and sent ahead the Holy Spirit for the forth coming General Chapter.

May the Holy Trinity help all the Sisters in our Institute to make a journey together of discernment, of prayer, of vital renewal and a shared joy. May we all bring new energies of life and vocational fruitfulness to the Institute.



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Bombay- Pali Hill

New beginning at Auxilium Pali Hill

“Every moment is a fresh beginning”. Keeping this in mind we began our new scholastic year 2019-2020. A warm welcome was given by the Sisters and teachers to the students. The Staff conducted a meaningful prayer service and implored God’s blessings on each of us. The headmistress, Sr. Shiny Alphonse extended a hearty welcome and gave a brief introduction of the new Sisters and teachers who would be a part of Auxilium Pali Hill Bandra. Sr. Leema Rose Joseph, the animator also welcomed each of them with a bouquet. Later the message for the day was delivered by Sr. Leema, encouraging those gathered to have a strong determination to reach their goal.



“We are one in the spirit, we are one in the Lord”

On 9th June, on the feast of Pentecost we had the inaugural prayer moment of the scholastic year 2019-2020 of the community invoking the Holy Spirit to begin a new academic year. We invoked God’s blessings to work with each other, to walk with each other and spread God’s love through our mission. After the prayer moment we shared a festive meal, experiencing one another’s precious presence. At the close of the day the animator gave the meaningful message and encouraged us

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to begin our mission in Auxilium Pali Hill. We were indeed rejuvenated to build our community and work together in our mission.



International Yoga Day

On 21st June 2019, the staff and students of Auxilium Convent High School Pali Hill celebrated the “International Yoga Day”.

A specialized yoga instructor Miss. Babitha Rani Suvarna conducted the session on Basic Yoga. She made the students aware of its needs and benefits in daily life, and how to live a stress-free life. The students enjoyed and actively participated in the Pranayama and Asanas and promised to continue practicing these Asanas regularly for a peaceful mind and healthy body.



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Youth Pastoral Planning Day

Youth Pastoral Planning Day was celebrated on 24th June 2019 at Auxilium Pali Hill Bandra. Students from Std. III to Std. X took part in this event. They understood the need for Holiness in today's times. Sr. Sunita Moteghar and Tr. Diana conducted this session with the help of a powerpoint presentation, video clippings and an inspirational hymn which was provided by the YPP



team. Group sharing and individual practices were conducted wherein the interaction was very much appreciated. The students understood the need for holiness in today's times.

Bombay- Wadala- MYC

Women Walk for Change

In response to the nationwide call, Women Walk for Change, many across the country in more than 20 States united to defeat the communal and divisive forces that threaten the secular fabric of our Motherland. In Bandra-Mumbai, too, simultaneously on 4th April 2019, we came together to demand our constitutional



rights as citizens of a Democratic Republic under the banner, **औरतें उठ्ठी नहीं तो, जुल्म बढ़ता जाएगा.** One of the main speakers and participant was the social activist Teesta Setalvad.

Nari Shakti Zindabad!

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Recollection for the Confirmation Students

On 7th April, 36 youngsters from St. Anthony's Parish, Dharavi were warmly welcomed by the community of MYC, Wadala, to prepare for their Confirmation Day, which would be on 12th of April. Sr. Lavita Sequeira and Sr. Wilma Rodrigues animated a day of prayer and reflection.

The day began with a session on the importance of the Sacrament. The main highlight was the Sacrament of Reconciliation. Nearly 5 priests administered the Sacrament which was followed by the celebration of the Eucharist. In the homily, Fr. Savio Silveira SDB spoke about putting on the heart and mind of Jesus. Reflecting on the Gospel of the day, the woman caught in adultery, Fr. Savio urged the youngsters to follow three paths, be empathetic, do not judge and stand up for a cause.

After a sumptuous lunch, the youth played games joyfully. This was followed by group discussions where they had to discuss and share important answers regarding their Catholic Faith.



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They were glad to be at Wadala for the animation programme and requested the Sisters to pray for them for their most significant day-Confirmation Day.

Confirmation at Dharavi

Bishop Barthol Barretto administered the Sacrament of Confirmation to 38 youngsters at St. Anthony's Church, Dharavi at 6.30 pm on 12th April 2019.



The youngsters were delighted as they would be receiving the Holy Spirit in all fulness. The presence of the Parish Priest Fr. Christopher Jeyakumar, the assistant Parish Priest Fr. Bonaventure Nunes and Fr. Jesu SDB solemnized the occasion. There were a good number of parishioners along with the confirmands' parents and godparents.

During the homily, Bishop Barthol interacted with the youngsters requesting them to be a witness of Christ at home, in the college and among peers. He also urged them to be faithful to their duties as a responsible Christian.

Knowing their responsibility as becoming soldiers of Christ and living as good Christians and honest citizens, they pledged their fidelity to Christ.

Feast of St. Mary Mazzarello

Here at MYC (Mazzarello Youth Centre) Wadala, we have a double reason to celebrate the feast of St. Mary Mazzarello. Firstly the community is under the patronage of St. Mary Mazzarello (MYC) and since our community was the former



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Provincial House of the Province of INM which is under her patronage. On 13th May, both the communities in the campus joined for Lauds and Meditation, highlighting the virtues of Mother Mazzarello. Later at 11.30 am a solemn Eucharist was celebrated by Fr. Vivian D'Souza SDB and was concelebrated by Fr. Crispino D' Souza SDB and Fr. Roshan Gonsalves SDB.



Thereafter some Salesian priests joined for the festive meal. It was indeed a family get-together. Long live Mother Mazzarello!

Eco- Ambassadors

The first session for the Certificate Course for Eco Ambassadors 2019 was held on Sunday 23rd June 2019 at 09:00 am at the Don Bosco Youth Services (DBYS) AV Hall, Matunga.

Fr. Savio Silveira SDB presented a ppt along with a video which aroused a strong feeling to do something urgently for our Mother Earth.

Each of the participant needs to prepare an assignment which entails writing of an essay of 1500 words based on any one of these books:



1. Conflicts of Interest: My Journey through India's Green Movement - by Sunita Narain

2. The Vanishing: India's Wildlife Crisis - by Prerna Singh Bindra

3. The Climate Solution: India's Climate-Change Crisis and What We Can Do about It - by Mridula Ramesh

The Mass at 12:15 PM after the first session was celebrated by Bishop Allwyn D'Silva.

Caranzalem - Goa

Child Protection Policy Awareness

In view of the Child Protection Policy the Child Protection Committee (CPC) on 5th June took the initiative of creating awareness among the school students by inviting Fr. Arvind Severes and Fr. Joe Fernandes SDB as resource persons. Both of them conducted sessions for students of Std. VIII and Std. IX and X respectively. Both the priests are in charge of the Don Bosco CPP in their Province.



Each of them highlighted the importance of POCSO and the JJ Act and Rights of children. They also made them aware of their duties as children and how to avoid being victims of sexual abuse by speaking it out, telling some adult about it and other important guidelines. The students were very attentive during the sessions as they were shown videos and powerpoint presentations during the sessions.

We are very grateful to Fr. Arvind and Fr. Joe for their prompt response in accepting our invite and their availability in spending their precious time creating awareness among the students and preparing them to protect themselves from every kind of abuse.



Inaugural Mass

Robin Caldwell has rightly said, "I couldn't imagine my life without getting to know God. He knows me, He created me. He should be known."

In our education system here at Caranzalem, we too wish to give the students a taste of God's love and goodness thus enabling them to draw closer to Him.

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The Catholic students of the school had an inaugural Mass on 12th June. The theme taken was the catechetical theme of the year, "Go and do likewise". Fr. Mark Furtado SFX was the main celebrant who brought out the theme beautifully in his homily encouraging all of us to practice the Gospel values in our lives. The students of other faiths had a prayer service on the same theme. Thus we were all charged from the start to reach out to those in need, first in our families and in our school family, thus building a happy and loving environment wherever we are.

Orientation for teachers and students



'Education is the passport to the future, for tomorrow belongs to those who prepare for it today,' said Malcolm X.

We at Auxilium Caranzalem, desire to prepare our students for a joyful today and a bright tomorrow. Hence on the 28th of June we had an orientation programme

for the students of Std IX and X. Fr. Ivon Almeida sfx animated them on having a sound mind for a sound body. Through activities, a power point presentation and a meaningful talk, he taught them different techniques to calm their minds and focus on what is important in life.

On the following day Fr. Ivon conducted the orientation for the staff members of Auxilium Caranzalem and Auxilium Carona. The theme for the day was, 'A Healthy mind for effective teaching'. Fr Ivon spoke about the need of having a healthy mind and positive attitude while entering the classroom which ultimately gets transmitted to the students. He also stressed on how teachers



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make the classroom environment very stressful by not allowing them even to smile and talk. As per the UN rating he said, "In terms of happiness quotient in the world, Pakistan is much ahead than India". Therefore a lot lies in the hands of the teachers to mould the children, who are the future of tomorrow. He taught us different techniques to relax and train our minds to positive thinking and building our self esteem.

Yoga Day

Many people all over the world are becoming aware of the importance of Yoga for our health and well-being. Yoga has its cradle in India as practised by sages and wise men centuries ago. We are re-awakening ourselves by realising its benefits and introducing it in schools so that the students can go through an integral



development alongwith other forms of learning. Our school observed this day by sending a group of 40 students to participate in the State level yoga day celebration at the community hall, Taliegao. There were around 500-600 students from various schools present there. In school too our P.E teacher Mr. Jose Lopes conducted various forms of yoga and meditation for the students.



It was enriching and good to see that our students who are otherwise noisy and restless in class, could calm themselves down into various breathing exercises and asanas.

Carona-Goa

Gratitude Day

"The essence of all beautiful art, all great art, is gratitude."

To develop a constant feeling of gratitude and a sound consciousness of God's favors we the community of Auxilium Carona celebrated the Gratitude Day on 13th April 2019.

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The theme was “I entrust them to you.” This call extends to all of us today to sow hope and trust in the hearts of young people, especially the poorest and most vulnerable. We chose this theme so as to cultivate greater sensitivity for the situations of the world, educating ourselves and others to welcome the poorest and the weakest, who ask us to see reality through their struggles, their fears and their dreams. We as a community have made these sentiments our own and are trying to live the same.

The celebration began with a meaningful prayer service which helped us to appreciate the beauty that lies in each Sister and thank the animator and each other for the contribution in building a happy and harmonious community.

The great day dawned with well prepared Morning Prayer with the help of a powerpoint presentation. We thanked God for the gift of our animator Sr. Rosy Mascarenhas and each Sister, our helpers, boarders, students, teachers and all our collaborators. The festive Eucharistic celebration was celebrated by Rev. Fr. Athaide. In his homily he mentioned the importance of community living and the charism of our Institute. He thanked the community for the service rendered here in Carona.

The memorable day ended with a short prayer moment thanking God for all His blessings on us, for enabling us to celebrate the unity and communion on a day like this.

May God grant us a love that takes us out of and beyond ourselves so that we may truly love one another as loving Sisters.

Dahanu - Vasai

Teachers' Training Seminar

The teachers' training was held at Dahanu on 15th June 2019. There were 8 teachers present, four from Dahanu centre and four from Sindoni. Sr. Manisha Parmar was



the resource person for the day. The training began at 10.30 am with a prayer for peace, through a video. She explained to them the essentials of keeping the records of the evening tuition classes. After the session, the questions and doubts of the participants regarding documentation were cleared. The training concluded at 4.30 pm.

Dakor-Ahmedabad

Workers' Day

On the 23rd of April we, the Pushpanjali community celebrated Workers' Day with our support staff. At 12.30 pm we began the prayer moment animated by Sr. Urvashi Macwan. After the prayer

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Sr. Hilda Braganza, the animator of the community welcomed all of them for the programme. Sister thanked them for all the work they do to help us in our mission at Pushpanjali. Thereafter we had agape together.

To add to the joy we played 'Garba' which is the culture of Gujarat and this was followed by games conducted by Sr. Sangeeta Marvi. Towards the end, the boarding children performed a cultural programme

and thanked the support staff for their service. As a token of our appreciation, we offered them a gift.

Vocation Camp

We, the 3 communities of Gujarat region i.e Dakor, Pansora and Baroda had the vocation camp in Dakor Pushpanjali. It began on 12th April 2019 at 3.00 pm and 20 girls participated in the camp. We began with a meaningful prayer moment conducted by Sr. Monika Macwan. Sr. Hilda Braganza, the animator of Dakor. Sr. Hilda warmly welcomed the girls and wished them a fruitful time. We then had the icebreakers where they came to know each other and felt at home. Fr. Arokia Selvam from Umreth preached on "where are you today and where you want to go". He told them that God is calling you and when He calls He sees that you answer His call. He will change your life. He very simply shared his vocation story how he had lot of struggles to become a priest. He went through



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lots of humiliation but God did not leave him alone. After the Eucharist, we had dinner, followed by fun-filled games which were conducted by Sr. Suvarna Luji. The movie 'Moanna' was screened and an evaluation was conducted. Many shared messages which touched us.

We began the next day with joy and optimism. The day began with Lectio Divina at 6.30 am on "The call of Samuel". After breakfast, Sr. Elphina Rodrigues spoke on 'the call'. She shared her views as God calls us and that we need to harken to his voice.

Fr. Dinesh Vasava SDB animated a session on being generous with God through service. Later the Eucharist was animated in a creative way and this was followed by lunch and games. Sr. Urvashi Macwan through a ppt explained to them about our Congregation. They were delighted to know the life of the Salesian Sisters and had many queries. The day ended with the evaluation of the day, thanksgiving moment. After serving them a cup of tea the girls hurried to return to their destinations accompanied by the Sisters.

We pray that they may be open to the soft and silent voice of the Shepherd.

Kudal - Oros - Sindhudurg

A break- through generating life

In the spirit of the family, the newly formed community at Ranbambuli (Flower of the jungle) had a breakthrough from the regular schedule to spend energizing 4 hours in the lap of nature on World Environment Day- the 5th June 2019. The animator Sr. Caroline planned and bugled the outing to Boghway Beach. The journey was a real meandering through the forest, rich foliage, up-hill and down-hill tracks enjoying every bit of nature till we reached the virgin waters of the Arabian sea. After a refreshing dip, play, splish splash in the ocean waves, we got settled for our Evening Prayer blessing the environment by thanking God for Mother Earth, her rich resources, loving the environment, uplifting the farmers and being responsible Stewards and praying that God's chlorophyll of love fill our Life so that with the photosynthesis that takes place we find ourselves



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green & in harmony grafted on to Jesus the Vine. At twilight, we made a return journey in the company of Mary magnifying the Lord for brother Sun & sister Moon as we prayed the Rosary that ended with the agape bonding us as a close-knit community that generates life in our pursuit of Holiness that is marked out for each of us by our Rector Major.

Lonavla - Auxilium

53rd World Communications Day

We the community of Auxilium Lonavla joined with the church in celebrating the 53rd World Communications Day. During the adoration service, we displayed the gadgets we use to communicate with each other. The message of the Holy Father Pope Francis "We are members of one another' (Eph 4:25). From community to communities." was highlighted.



Teachers' Orientation Programme

Fr. Leon SDB and Joshua animated the orientation programme for the staff on 13th June from 9 a.m. to 1.30 p.m. It was held in the SJTC hall. The day was filled with enjoyable sessions, activities, and reflection. The staff members were led into reflection and activity giving the message of perseverance, versatility, and self-giving. The staff being thus empowered was ready to take on the new academic year 2019-2020.

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Tata class Edge

Tata class Edge personnel conducted training sessions for the school staff over 2 days i.e. on the 14th and 15 June 2019. Mr. Robin Phillip conducted the training with input sessions and hands-on training. The School has provided a new set up and infrastructure for which we are grateful to the School management.



School Reopening Day



June 17th marked the beginning of academic year 2019-2020. The staff and students came to school full of bright expectation and enthusiasm. The school assembled in the basement for a prayer service. 'Holiness for you too' was the theme that invited everyone to start the new academic session with prayer. Our new Manager/ Superior Sr. Theresa Joseph was introduced to the school. Sr. Sheela Furtado, the headmistress welcomed

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everyone to the New Year with words of encouragement and hope. Sr. Theresa too gave a short speech inviting everyone to begin everything with the touch of God. After the prayer, the students went to their classes and met their new class teachers.

YPP Day

On the 20th of June Sr. Teresa Joseph, the animator of Auxilium Lonavla and Sr. Shanti Fernandes undertook the animation of all classes of the secondary section. "Holiness for you' too" was the theme for the Youth Pastoral Project (YPP).



Sr. Shanti took the session for Std. I to Std. VII and Sr. Teresa took for Std. VIII -Std. X. It was a very lively session with slides, songs, and input from the Sisters. The students were led into group discussion and reflection. The students were thus animated and led into the spirit of the Salesian spirit as given by the Rector Major. The students are grateful to the Srs. Theresa and Shanti for their active animation and interest in their spiritual growth.



Yoga Day

All over the world, Yoga Day was observed on 21st June. We did the same in Auxilium Lonavla. The students were led to yoga exercises by Sr. Shobha D'Souza. Sister also explained the importance and the benefits of yoga and conducted yoga exercises and performed various 'asanas' for the classes.

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Teachers' Training

The staff had a day of training conducted by Mr. Prashant of TATA class edge. The seminar was on 27th June from 8 am to 4 pm at SJTC Hall. The main topics dealt with were 'Thinking Skills and Innovative Teaching Strategies.'



Mr. Prashant

conducted lively and informative sessions in an innovative and novel way. There was full participation from the staff and the day was packed with group discussion, sharing, and presentation. Subject wise activities were also a part of the training.

The staff was grateful to the school management for arranging this training programme to make teaching a more profitable process for the students.

Nashik - Maria Vihar

Vocation Camp at Nashik

The campus of Maria Vihar was bubbling with joy as the Sisters welcomed 30 young girls from Uttan, Wadala, Ahmednagar and Nashik. It was a 3 day programme from 25th April to 27th April and was organised by Sr. Nilima Rodrigues.



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The main highlights of the camp were the Lectio Divina, nature walk, sharing of experiences, action songs, sessions, Confessions and the Eucharist.

They also could interact with the Novices who were in the neighbouring community, the Maria Vihar Hostel girls and women.

The girls also had an opportunity to meet the boys of Shelter Don Bosco, Nasik. Here they came to know about the Salesian mission. On the 26th of April we celebrated the World Feast of Gratitude, and thanked God for our Mother General, Mother Yvonne.

It was a well organised programme when the young girls came and saw...

May they be open to the promptings of the Holy Spirit!

TIPS TO SAVE MOTHER EARTH

- ◆ Use Energy Efficient Lightbulbs
- ◆ Turn Your Computer Off Overnight
- ◆ Have A Vegetarian Day
- ◆ Plant Your Own Tree
- ◆ Buy Local Products
- ◆ Invest in A Travel Mug
- ◆ Turn Off Lights When You're Not in The Room
- ◆ Regularly Maintain Your Vehicle
- ◆ Don't Use Plastic Carrier Bags
- ◆ Use e-Tickets
- ◆ Pay Household Bills Online
- ◆ Use Rechargeable Batteries



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Women's Day

The Women's Day celebration organized at the Province level was held on 6th May 2019 at Laura Vicuna Nivas, Ahmednagar. The total number of women participated in the celebration were five hundred and fifty who came from Maharashtra, Gujarat, Goa, and Karnataka. This celebration was organized by Sahayani Social Development Society, headed by Sr. Moksha Anthonappa and her team of enthusiastic collaborators.



5th May – Day 1

There was a lot of joy and enthusiasm on the faces of women as they arrived in the evening from different states in spite of the fatigue of the long hours of the journey made.

6th May - Day 2

The grand celebration began on 6th May at 9.40 am in the presence of our visiting general councillor, Sr. Phyllis Neves the chief guest of the day, and other distinguishing guests Mr. Sangram Japtap MLA of Ahmednagar, Mr. Sampat Baraskar - Co-operator, Baba Sahib Wakale, Mayor of the place and Mrs. Shobha Borkor co-operator, who were escorted to the stage by the nursing students of Laura Vicuna Nivas performing the Lezeim dance.

The programme began with a meaningful prayer moment animated by Sr. Collette Gonsalves which culminated with an inter-religious prayer dance performed by the junior college students



of Auxilium convent. This was then followed by the lighting of the lamp by all the dignitaries so as to inaugurate the function of the day. Mrs. Vishaka Philip and Mrs. Snehal Kahant - Auxilium teacher compered the entire programme. Sr. Phyllis Neves was welcomed by the women of different states with the tradition and culture of their respective places. The

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colourful welcome made the ambient joyful and awesome as all the dignitaries were honored with flowers, coconut, and shawl according to the tradition of Maharashtra.

The programme began with lots of cheer and enthusiasm. Women from different states performed dances, skits, and songs to mark the significance of the day. Mrs. Mandakini Lokhande one of the girls who grew up in our street homes shared her soul touching testimony, on the journey of difference made in her own life and in the society by constantly empowering herself in spite of the hardships and domestic violence that she suffered in her life. Today she is strong, empowered, and an entrepreneur woman who is running her own company and helps the unemployed to get the employment. Mr. Suresh Pathare Director of CSRD (College of Social work and Research Development) addressed the women encouraging them to make use of the various schemes and benefits that they receive through Micro-credit. Sr.Phyllis Neves was invited to address the women. She appreciated the women for their courage, enthusiasm and hard work and encouraged them to make a difference in their own lives and in the society. She encouraged them to continue to be the builders of love, unity, and peace in their own family and society. She spelled out the word "WOMAN". Each state presented their group products as a token of gift to Sr.Phyllis Neves. The individual women and Microcredit groups from various centers were honored with certificates and gifts. Likewise, Sr. Magdeline Sequeira vice Provincial and founder of Sahayani, Sr. Catherine Pereira and Sr. Anita Gracias were honoured with certificate and gift for their dedicated services in the social field.



After a short refreshing break, a session on human trafficking was conducted by Mrs. Divyani Tuma. She made them aware of the danger of Human Trafficking which is the problem of the hour the world faces all over. She spoke on the preventive and safety measures against trafficking.

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After the lunch break at 2.30 pm, various telegames were organized with the help of volunteers of Don Bosco youth group and Jahaniv foundation. The games were forming the longest line, Hula Hoop, passing the ball and the winners were awarded exciting prizes. The long-awaited cultural programme began at 5.30 pm through which the theme "I am the sculpture of my own life" was well highlighted through skits and dances by the women from Bableshtar and Dakor. Sr. Magdeline then addressed the women, she appreciated them for their presence and active participation in the events.

After the culture programme each group was invited on the stage and gifted with a bag filled with Paustik Ahar, Sanitary napkins and a microwave bowl. Group photos and group dance was the culmination of the day.

7th May - Day 3

The Morning Prayer was conducted by the Pastor and his team. They were honoured and thanked with a shawl and a coconut. After breakfast, the women were taken to Shirdi and women from Gujarat headed towards Aurangabad. The others went to Shirdi and Haregaon. At Haregaon, Fr. Pius Gonsalves extended hospitality by offering tea and biscuits.

The Salesian co-operators from Ahmednagar volunteered to accompany the women for the picnic. Some women dispersed after the picnic and some women left the following day to their destinations.

We thank God for His powerful and protective presence during these days of celebration. All this was possible because of the hard work and tireless efforts of Sr. Teresa Plathara and her community at Ahmednagar who hosted this mega event. Hats off to you dear Sisters for your collaboration and financial assistance from parents, teachers and local leaders.



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World Communications Day



COMMUNICATION TIPS FOR YOUNGSTERS

- ☞ *Use "I statements." Say things like, "I feel upset when you ___" instead of, "You're making me upset."*
- ☞ *Be clear and direct.*
- ☞ *Don't push aside your feelings.*
- ☞ *Build trust.*
- ☞ *Ask questions.*
- ☞ *Talk in person.*
- ☞ *Don't yell.*
- ☞ *Be willing to apologize.*

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Summer Camp



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Pune



Mundhwa



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Investiture Ceremony



Auxilium - Benaulim



Auxilium - Caranzalem



Auxilium - Carona

Auxilium - Carona

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Auxilium - Lonavla



Auxilium - Pali



Auxilium - Pansora

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Investiture Ceremony



Auxilium - Wadala



*Feast of Mother
Mazzarelo - Kune*

FIRST PROFESSION - NASHIK

Congratulations ! God Bless You !



You are a gift to be treasured!



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